Each day is divided into one tutorial session, five different teaching sessions and two breaks as highlighted below:

Times of the Academy Day	
08.40 – 09.10	Form Time (30 mins)
09.10 – 10.10	Lesson 1 (60 mins)
10.10 – 11.10	Lesson 2 (60 mins)
11.10 – 11.30	Morning Break (20 mins)
11.30 – 12.30	Lesson 3 (60 mins)
12.30 – 13.30	Lesson 4 (60 mins)
13.30 – 14.10	Lunch Break (40 mins)
14.10 – 15.10	Lesson 5 (50 mins)

The first morning bell sounds at 8.38am with a second bell sounding at 8.40am when pupils should be waiting to enter their form rooms. Pupils arriving after the start time will be marked late in the register. If no adequate reason for the lateness is offered, pupils will be expected to make up all the time missed.

Form Folders

Each form has a folder in the Staff Room which is used as a means of communication. Please collect this every morning on your way to your form. It is very important that your folder is collected every day in order to ensure important information is communicated to pupils.